

*****There is a \$100 fee for NO SHOWS! Please call ahead
if you need to cancel or re-schedule. *****

BISHER ABDULLAH, MD
OSMAN AHMAD, MD
PHONE: 386-271-2273 X3
FAX: 386-256-7151

PROCEDURE DIRECTIONS AND INFORMATION

- PLEASE ARRIVE **2 HOURS** BEFORE THE PROCEDURE. THIS WILL ALLOW TIME FOR REGISTRATION AND MEET WITH THE ANESTHESIOLOGIST PRIOR TO THE PROCEDURE.
- PROCEDURE WILL BE AT HALIFAX HOSPITAL/ TWIN LAKES MEDICAL CENTER/ ADVENT HEALTH- ORLANDO/ ADVENT HEALTH- DAYTONA/ MAITLAND SURGERY CENTER
- DATE OF SURGERY _____
- IF YOU NEED DIRECTIONS TO HALIFAX HOSPITAL, PLEASE CALL #386-254-4000. PLEASE ENTER THE FOUNTAIN BUILDING ENTRANCE/ MAIN ENTRANCE; GO TO THE CHECK IN DESK AND YOU WILL BE GIVEN DIRECTIONS FROM THERE.
- IF YOU NEED DIRECTIONS TO TWIN LAKES MEDICAL CENTER, PLEASE CALL #386-425-3232. PLEASE ENTER 1890 LPGA BLVD. DAYTONA BEACH, FL 32124 MAIN ENTRANCE; TAKE ELEVATOR TO 2ND FLOOR- SUITE 200; GO TO DESK TO REGISTER.
- MAITLAND SURGERY CENTER #407-691-3331 790 CONCOURSE PARKWAY SOUTH SUITE 100 MAITLAND, FL 32751
- ADVENT HEALTH- HEALTH VILLAGE 2415 N ORANGE AVE SUITE 201 ORLANDO, FL 32804
- ADVENT HEALTH- DAYTONA 301 MEMORIAL MEDICAL PARKWAY DAYTONA BEACH, FL 32117

PRE-PREP FOR ENDOSCOPY (EGD)

- YOUR CHILD MAY NOT EAT SOLID FOODS OR MILK PRODUCTS 8 HOURS PRIOR TO THE PROCEDURE.
- YOUR CHILD MAY HAVE CLEAR LIQUIDS SUCH AS JELL-O, CLEAR BROTH, WATER & POPCICLES (NOTHING RED, PURPLE OR WITH PULP) UP UNTIL 3 HOURS BEFORE THE PROCEDURE. NOTHING BY MOUTH 3 HOURS BEFORE.
- IF YOUR CHILD TAKES DAILY MEDICATIONS, PLEASE CHECK WITH THE GI NURSE TO SEE IF YOU SHOULD GIVE THE MEDICATIONS ON THE MORNING OF THE PROCEDURE.

FLEX SIGMOIDOSCOPY PREP

- PLEASE FOLLOW INSTRUCTIONS FOR THE ENDOSCOPY PREP ON THE PREVIOUS PAGE AS WELL AS DO (1) PEDIATRIC FLEET ENEMA THE EVENING BEFORE THE PROCEDURE. YOU WILL FIND THESE AT ANY OVER THE COUNTER PHARMACY.

COLONOSCOPY PREP

MIRALAX INSTRUCTIONS: THE DAY BEFORE THE PROCEDURE HAVE A LIGHT BREAKFAST. BY 10 AM START DRINKING THE MIRALAX WITH GATORADE TO ALLOW ENOUGH TIME FOR CLEANOUT PREP TO WORK (NOT RED OR PURPLE). YOU SHOULD FINISH DRINKING THE GATORADE WITH MIRALAX BY 1PM. IF THE MIRALAX DOES NOT WORK AND THE STOOL IS NOT RUNNING CLEAR BY 5PM, REPEAT WITH ONLY HALF OF THE DOSE UNTIL THE STOOL HAS FLUSHED FROM THE COLON. MIRALAX CAN BE PURCHASED OVER THE COUNTER AT YOUR PHARMACY.

- 10 YEARS AND OLDER: MIX MIRALAX 14 CAPS WITH 64 OUNCES OF GATORADE AND TAKE 2 DULCOLAX LAXITIVES; (1) at 1pm and the other at 4pm.
- 2-10 YEARS: MIX MIRALAX 7 CAPS WITH 32 OUNCES OF GATORADE
- CLEAR LIQUIDS FOR 24 HOURS PRIOR TO THE PROCEDURE.
- YOU MAY HAVE CLEAR LIQUIDS (JELL-O, CLEAR BROTH, WATER, POPCICLES) BUT NOTHING RED, PURPLE OR WITH PULP UP UNTIL 4 HOURS BEFORE THE PROCEDURE.
- NOTHING BY MOUTH 4 HOURS PRIOR TO THE PROCEDURE.

IF YOU SHOULD HAVE QUESTIONS DURING YOUR PREP, PLEASE CALL THE OFFICE AT 386-271-2273 OPTION 3 AND ASK TO SPEAK TO A NURSE. PLEASE INFORM WHOEVER ANSWERS THAT YOU ARE IN THE MIDDLE OF A PREP AND NEED TO SPEAK WITH SOMEONE SOON.